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### **HAPPY NEW YEAR, EVERYONE!**

So, have you made your resolutions?

Everyone I know is making them. "I'm going on a diet", one friend has proclaimed...for the 3rd year in a row.

"I'm going to save some money", another friend has stated, one who has been known to shop 'til she drops.

The thing with resolutions is that they have no meat! They are wishes, and only *stated* as resolutions. Noone really intends to carry through with them and usually by the end of January, sometimes sooner, they fall into those places of the mind where we store unfinished business. It's a place we don't like to visit too often, and so as time passes we conveniently forget. And that's fine because to remember just makes us feel bad.

**The words "I am going to..." carry no power whatsoever!** Talking in the future tense cannot move the universe's energy to assist us because Divine Intervention only knows the "NOW".

If you have read Volume 1 you already know this. In the guided meditation I give you, you see that what we are creating is a visualization of what we want this *very moment*, not tomorrow or next week.

So, when you make your "resolutions" to practice more and pursue your dreams of singing and making it in the music biz, try writing them down in the present tense.

*"I am a singer! I know it's my destiny to be successful. I practice every day, and the Divine Spirit that runs the universe is right this minute working to give me my heart's desire! I am confident that as I continue to work on my dream, it cannot help but materialize for me."*

Something like that, but using your own words and feelings, repeated daily for several minutes at a time, will produce remarkable results. See how much more powerful "I am" sounds rather than "I'm going to"?

This is known as the "Act as if" method. And trust me on this, students.

**IT WORKS!** Happy practicing!

## Volume Two

After serious thought, I've decided to give away Volume Two - the volume on Stage Presence.

**But why,** you might ask.

Many of you have sent me tapes, or cd's of yourselves in performance. And while it's true that I cannot see you, I *can* hear your performance and I can feel the energy...or lack of it...in your songs. And because I never intended to start this studio for profit alone, I want you each to get as much out of our relationship as you possibly can.

I will send you this volume for free, but **only** if you write to me and tell me what you are doing musically, and whether or not you wish to continue being of our extended "family" on the Net.

Some of you sent for the free copy of "A Voice for a Lifetime in 30 days" over a year ago, and we never heard from you again. Others write to us every day, and still others of you stay in touch on a monthly basis.

And because we want to continue to urge you on to bigger and better things for your musical life, we **need your input!**

So write today and let us know how it's going for you on your road to fame and fortune. And get your free copy of "Stage Presence" in the bargain!

## Happenings at the Center

As many of you are aware, I have 15 or so students that meet every Wednesday evening at a local community center to hone their singing talents, They learn performance techniques, mike control, breath control, voice projection, sight reading, and also are currently engaged in practicing for our April Show at the center called "The Fabulous 50's".

I invite each of you who are in the Southern California area to come by on a Wednesday night and participate with us in our singing endeavors. And to those of you who are out of the area, visit our Bulletin Board and give us your ideas on how we can make our show a success. Got ideas for songs? Costumes? Choreography ideas? Part of being gifted is sharing your gifts with others, so Come on! We want to hear from **YOU!**

Well this is an abbreviated newsletter since things, they are a poppin' round here, but we will get a supplemental issue out to you towards the middle of the month. Stay tuned.

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